



## Annual Report 2024



#### 2024

This was a significant year for the Petersburg Wellness Consortium. The PWC, as the organization is known, made significant strides.

PWC held eight meetings in various formats

- In-person/virtual (hybrid)
- Fully virtual "Talk Saves Lives" training presented by the Crater Health District in September
- In-person dinner meetings.





The March 26th Dinner Meeting featured speaker was Dr. Bobby Duhart (upper right photo, left side, speaking with PWC Vice Chair Annie Mickens).

In 2024, PWC was awarded a grant from Virginia Commonwealth University and became a stand-alone non-profit organization.





COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS



In addition to Dr. Duhart's presentation about a city Health Improvement Initiative, the entertaining and informative March meeting included a full presentation of the Virginia Commonwealth University (VCU) Massey Comprehensive Cancer Center...



COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS



...Community Engagement Partnership Grant process. It was delivered by Chair Monique Lindsey-Howell and Secretary Katelyn Schifano.



# PETERSBURG WELLNESS COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS





The Virginia Commonwealth University (VCU) Massey Comprehensive Cancer Center Community Engagement Partnership Grant application process also included a video. It featured Chair Monique Lindsey-Howell, Vice Chair Annie Mickens, and the voice of Secretary Katelyn Schifano. The \$10,000 grant was awarded to PWC on May 6th and will 100% support PWC initiatives through May 2025. Funded initiatives include the 2024 Annual Meeting Dinner, three community-focused events, securing 501(c)(3) nonprofit status, and distributing an updated Resource Guide.





Longtime PWC Board Member Schifano also serves as Massey's Assistant Director of Community Engagement in Research in the Community Outreach & Engagement Department.

Check out the grant application video <a href="https://youtu.be/XJXWCLgENkY?si=rcCLDLI8daA6FsZx">https://youtu.be/XJXWCLgENkY?si=rcCLDLI8daA6FsZx</a>





COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS



There was no May meeting, because PWC encouraged members to attend the Crater Health District's (CHD) third Beyond ACEs Summit on May 22nd.



PWC has been a CHD partner sharing information about the impact of adverse childhood experiences since the summits began in 2017.



COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS



For the 2024 *Beyond ACEs Summit*, PWC supported artistic experiences that illustrated how the arts can support resilience-building and healing for individuals and communities.



COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS



Most in-person PWC
Meetings are held at
the Petersburg Public
Library. However, the
June meeting was held
at <u>Pathways</u>.

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CHD Public Relations
Coordinator Brian Little
was the featured
speaker.



COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS

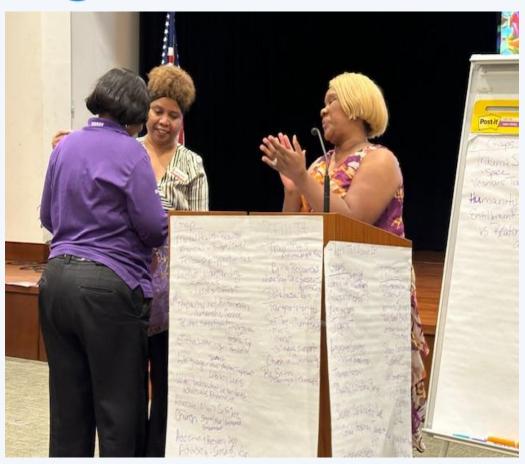
Little's presentation was a follow-up to the *Beyond ACEs Summit*. The summit theme was "Understanding the Intersection of Trauma and Substance Use Disorder."







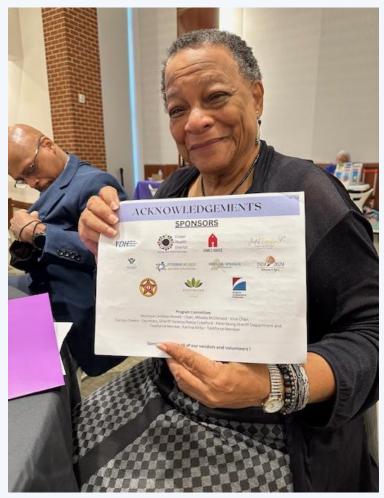
COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS



In addition to Secretary Schifano's work at VCU Massey, PWC members proudly serve the community in many ways. For example, Monique Lindsey-Howell also chairs Petersburg's Domestic Violence and Intimate Violence Taskforce, which held its 12th Annual Conference on October 8th.



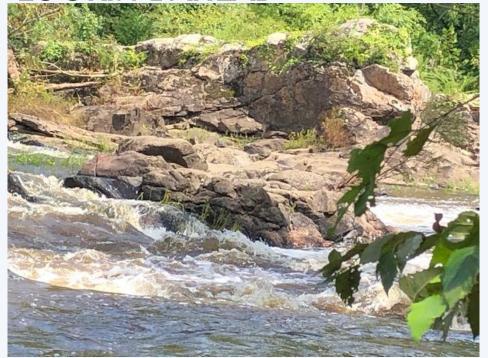
Vice Chair and longtime educator-activist Annie Mickens highlighted PWC's conference support. In her role as the Crater Health District's Community Engagement Specialist, Treasurer Theresa Caldwell led a "Let's Talk About It" conversation about how the community can support people experiencing domestic and intimate partner violence.





COMMUNITY ENGAGEMENT, COLLABORATION, AND PARTNERSHIPS

#### **LOOKING AHEAD**



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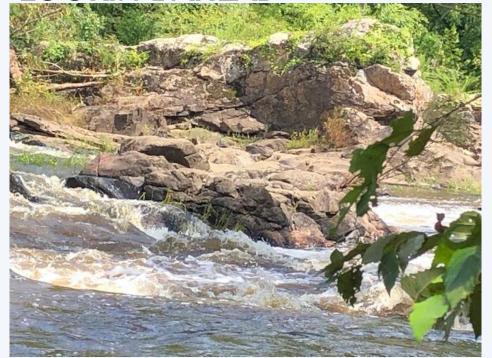
pwcpetersburg@gmail.com

PWC will continue holding Board Meetings virtually (via Zoom) in 2025. General Body Meetings will continue to be hybrid, with in-person sections in the Petersburg Public Library's Multipurpose Room, 201 W. Washington Street. Two evening meetings will be scheduled, also at the Petersburg Public Library.

- General Meetings: 3rd Wednesday of the month, January-September (except July), 11:00am.
- Evening Meetings: Spring TBA and the October Annual Meeting. Times TBA



**LOOKING AHEAD** 



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PWC ended 2024 with \$10,672.21 in the its account with our Fiscal Sponsor, <u>Pathways</u>, pending final confirmation from Pathways.

Many thanks to Pathways, especially Executive Director Juanita Epps, for 12 years of support!

Board Members will receive coaching as PWC transitions to 501(c)(3) non-profit status and will report on progress during General Meetings.

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